



MINOR CONFIDENTIAL INTAKE FORM

CLIENT INFORMATION

Minor's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Address: \_\_\_\_\_

Home Telephone Number: \_\_\_\_\_

Referred by: \_\_\_\_\_

Father's Work # \_\_\_\_\_ Father's Cell # \_\_\_\_\_ Father's E-mail \_\_\_\_\_

Mother's Work # \_\_\_\_\_ Mother's Cell # \_\_\_\_\_ Mother's E-mail \_\_\_\_\_

If there is an emergency at the office and we must cancel the appointment, where should we call: \_\_\_\_\_

Emergency Contact Information:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Telephone Numbers:

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

AGREEMENT FOR THERAPY WITH A MINOR

I, \_\_\_\_\_, the parent/legal guardian of the minor, \_\_\_\_\_,

- Give my permission for this minor to receive therapeutic services provided through Canyon Creek Counseling.
- I have read understood, and signed the informed consent related to my minor's therapist and I understand the risks and benefits of receiving these services and the risks and benefits of NOT receiving these services, for both this minor and his or her family.
- I understand that I am expected to participate in this process by meeting with the therapist at least once per month while my minor is in therapy

My signature below means that I understand and agree with all of the points above.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

AGREEMENT FOR CONSULTATION

I give permission for (therapist) to contact (physician/teacher/etc.) regarding treatment issues, symptoms, behaviors, or other information necessary for the treatment of (minor patient).

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**ABOUT YOUR MINOR'S FAMILY**

Describe your present living arrangement. Please list everyone with whom you live.

Relatives	Name	Age/Grade	Does the minor get along with this person?	Occupation
Father	_____	_____	_____	_____
Mother	_____	_____	_____	_____
Sister(s)	_____	_____	_____	_____
	_____	_____	_____	_____
Brother(s)	_____	_____	_____	_____
	_____	_____	_____	_____
Step-Father	_____	_____	_____	_____
Step-Mother	_____	_____	_____	_____
Step-Sister(s)	_____	_____	_____	_____
	_____	_____	_____	_____
Step-Brother(s)	_____	_____	_____	_____
	_____	_____	_____	_____

List any other people who live in the home with this minor:

\_\_\_\_\_

\_\_\_\_\_

**ABOUT YOUR MINOR'S EDUCATION**

Current Grade: \_\_\_\_\_ Failure or Held Back? \_\_\_\_\_

What do school personnel tell you about your minor? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

GRADE	SCHOOL	CITY	STATE	AVE. GRADE	COMMENTS
Pre-K					
K					
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

**ABOUT YOUR MINOR'S ROUTINE**

Wake-up time \_\_\_\_\_ Bedtime \_\_\_\_\_ Ave. hours of sleep a night \_\_\_\_\_

In school, how many friends does minor have: \_\_a lot \_\_a few \_\_none

Friends \_\_\_\_\_

Activities involved in \_\_\_\_\_

What kinds of physical exercise does your minor get? \_\_\_\_\_

**HEALTH BACKGROUND**

Has the minor seen a counselor before? \_\_Yes \_\_No

If yes, when? \_\_\_\_\_ For how long? \_\_\_\_\_

With whom? \_\_\_\_\_ What was the primary issue? \_\_\_\_\_

Has the minor ever been hospitalized for emotional problems or drug/alcohol treatment? \_\_Yes \_\_No

If yes, when? \_\_\_\_\_ For how long? \_\_\_\_\_

Where? \_\_\_\_\_ What was the outcome? \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Phone \_\_\_\_\_

Any concerns shared by the doctor? \_\_\_\_\_

Do you have any chronic medical concerns? \_\_Yes \_\_No

If yes, please list: \_\_\_\_\_

List all allergies, serious illnesses, injuries, surgeries, hospitalizations and any other medical conditions your minor has had:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List all medications or drugs (legal or illegal) your minor is currently taking or has taken in the last year:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SYMPTOMS**

Please circle all of the items that apply to your minor. Feel free to add any others at the end.

Aggressive	Drug use	Lying	Rages	Stealing
Alcohol use	Eating issues	Manipulates	Recent move	Stealing
Bed wetting	Eating problems	Masturbation	Refuses	Strange behavior
Bullied by others	Fearful	Mean to others	Resists	Strange thoughts
Bullies others	Fire setting	Mental retardation	Rocking	Stubborn
Cheats	Head banging	Mute, refuses to speak	Running away	Suicide talk
Clumsy	Hyperactive	Nail biting	Sad	Teased
Complains	Imaginary playmates	Needs high degree of supervision	School avoiding	Temper outbursts
Conflicts at home	Impulsive	Negativism	School performance	Temper tantrums
Conflicts at school	Inappropriate sexual behavior	Nervous	Self-mutilating	Threatens
Conflicts with friends	Infantile	New school	Sexual activity	Thumb sucking
Conflicts with police	Inflicts pain on others	Nightmares	Sexual preoccupation	Tics – movements or noises
Cries easily	Insults others	Only younger playmates	Sexual problems	Timid
Cruel to animals	Interrupts	Oppositional	Short attention span	Trouble with the law
Daydreaming	Intimidated by others	Overactive	Shy	Truancy
Daydreams	Intimidates others	Overactive	Shy	Undependable
Defiant	Irritable	Peer conflict	Sickly	Vandalism
Dependent	Isolates	Phobic (Explain)	Sleeping problems	Very unhappy
Destructive	Lacks initiative	Poor concentration	Slow	Violent
Destructive	Learning disability	Pouts	Slow-responding	Weight issues
Disobedient	Lethargic	Problems with authority	Smoking	Weight loss/gain
Disrupts family activities	Loss of friends	Procrastinates	Soiled pants	Withdrawn
Distractible			Speech difficulties	

Other behaviors: \_\_\_\_\_

\_\_\_\_\_

When did these issues begin? \_\_\_\_\_

Problems perceived to be:    \_\_\_ Very serious    \_\_\_ Serious    \_\_\_ Not serious

What are your expectations of your minor? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in your minor? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in yourself? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in your family? \_\_\_\_\_

\_\_\_\_\_